



CLASSES	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
LITTLE DRAGONS	4.00PM - 4.30PM		4.00PM - 4.30PM		4.00PM - 4.30PM	9.00AM - 9.30AM	BIRTHDAY PARTY'S
BEGINNER KIDS	4.35PM - 5.15PM		4.35PM - 5.15PM		4.35PM - 5.15PM	9.35AM - 10.15AM	
INTERMEDIATE KIDS	5.20PM - 6.05PM		5.20PM - 6.05PM		5.20PM - 6.05PM	10.20AM - 11.05AM	
ADVANCED KIDS	6.05PM - 6.50PM		6.05PM - 6.50PM		6.05PM - 6.50PM	11.30AM - 12.15PM	
BLACK BELT KIDS	6.50PM - 7.35PM		6.50PM - 7.35PM		6.50PM - 7.35PM	12.15PM - 1.00PM	
ADULTS	7.35PM - 8.20PM		7.35PM - 8.20PM		7.35PM - 8.20PM		
LITTLE DRAGONS SPARRING		4.30PM - 5.00PM				INTERMEDIATE & ADVANCED WEAPONS 11.05AM	
BBTC		5.00PM - 5.45PM				BLACKBELT WEAPONS 1.00PM	
BRAZILIAN JIU JITSU		7.00PM - 8.15PM					